

# SCOTTISH COUNTRY DANCE

## DAY SCHOOL

**Upper-Intermediate/Advanced  
Dancers**

**SUNDAY 26<sup>th</sup> NOVEMBER 2023**

**09.30 – 15.30**

**Mannings Heath Village Hall  
Golding Lane  
Mannings Heath  
RH13 6JU**

**Teacher Mervyn Short**

**Dancing to CDs**



The day will be suitable for those who have a good idea of steps and formations but would like to know more.

Experienced dancers who have 'picked up' Scottish country dancing rather than being taught will also find the day useful.

The day will start with a warm-up followed by step practice, skills exercises, formations, dances, and finish with a cool down. The day will focus on good technique rather than learning difficult dances.

Consideration will be given to timing and listening to the music, correct execution of steps and formations, handling, covering, phrasing and finally sociability and enjoyment.

Please note that the lunch break is only for an hour. This allows for a shorter afternoon and to start your journey home before it is dark.

Please bring a packed lunch. Tea, coffee, and squash will be available.

## Application Form

Name.....

Address.....

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Telephone.....

Mobile.....

Email.....

			Please tick
Reception & Coffee	09.30		
A.M.	10.00 – 12.30	£5.00	
P.M.	13.30 – 15.30	£4.00	
All Day	09.30 – 15.30	£8.00	

Please make cheque payable to Mervyn Short and send to 11 Montgomeri Dr, Rustington, West Sussex BN16 3TY by *19<sup>th</sup> Noember. 2023*

**I agree that the organisers accept no responsibility for any injury or loss sustained during the day.**

Signed.....

Date.....